



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Hasenstein, Mario

Club: Gotha
Number: 319

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:51:55

Speed: 11.31 km/h
Running performance: 5:18 min/km

Rank in course/Total: 44 (of 87)

Rank in course/Men: 42 (of 76)

Best time in course: 1:18:30

Rank in category: 8(of 12)

Best time in the category: 1:23:15