



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

Friedrich, Paul

Club: Triathlon Jena  
Number: 459

Course: 0.90 km  
Schülerlauf

Category:  
Schüler 7 und 8 Jahre

Total time: 4:05

Speed: 0.00 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 10 (of 21)

Rank in course/Men: 5 (of 12)

Best time in course: 3:33

Rank in category: 2(of 6)

Best time in the category: 3:54