



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

**Radelhof, Alfred**

Club: GMRLV  
Number: 408

Course: 21.10 km  
Halbmarathon

Category:  
Männer M55

Total time: 1:58:30

Speed: 10.63 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 52 (of 87)

Rank in course/Men: 50 (of 76)

Best time in course: 1:18:30

Rank in category: 6(of 7)

Best time in the category: 1:43:50