



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Bank, Ewald

Club: Uder
Number: 380

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 2:04:22

Speed: 10.13 km/h
Running performance: 5:53 min/km

Rank in course/Total: 62 (of 87)

Rank in course/Men: 60 (of 76)

Best time in course: 1:18:30

Rank in category: 7(of 10)

Best time in the category: 1:38:56