



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Gerlach, Astrid

Club: Creuzburg
Number: 339

Course: 21.10 km
Halbmarathon

Category:
Frauen W35

Total time: 2:10:52

Speed: 9.63 km/h
Running performance: 6:12 min/km

Rank in course/Total: 69 (of 87)

Rank in course/Women: 3 (of 11)

Best time in course: 1:44:56

Rank in category: 2(of 3)

Best time in the category: 1:48:47