



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Urbig, David

Club: Eisenach
Number: 398

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 2:12:59

Speed: 9.47 km/h
Running performance: 6:18 min/km

Rank in course/Total: 70 (of 87)

Rank in course/Men: 67 (of 76)

Best time in course: 1:18:30

Rank in category: 4(of 5)

Best time in the category: 1:34:16