



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Hain, Christoph

Club: Gerstungen
Number: 366

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 2:16:29

Speed: 9.28 km/h
Running performance: 6:28 min/km

Rank in course/Total: 78 (of 87)

Rank in course/Men: 71 (of 76)

Best time in course: 1:18:30

Rank in category: 10(of 10)

Best time in the category: 1:38:56