



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Pfannkuchen, Uwe

Club: Berka/Werra
Number: 20

Course: 6.00 km
Kurzstrecke

Category:
Männer M50

Total time: 24:42

Speed: 14.57 km/h
Running performance: 4:07 min/km

Rank in course/Total: 4 (of 22)

Rank in course/Men: 4 (of 16)

Best time in course: 21:36

Rank in category: 1(of 1)

Best time in the category: 24:42