



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

**Friebe, Paul**

Club: SV Mihla  
Number: 28

Course: 6.00 km  
Kurzstrecke

Category:  
männliche Jugend B

Total time: 26:52

Speed: 13.40 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 8 (of 22)

Rank in course/Men: 7 (of 16)

Best time in course: 21:36

Rank in category: 2(of 2)

Best time in the category: 21:36