



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Roth, Stefanie

Club: Friedrichroda
Number: 5

Course: 6.00 km
Kurzstrecke

Category:
Frauen W20

Total time: 27:59

Speed: 12.86 km/h
Running performance: 4:40 min/km

Rank in course/Total: 14 (of 22)

Rank in course/Women: 2 (of 6)

Best time in course: 26:39

Rank in category: 1(of 1)

Best time in the category: 27:59