



15. Hainich-Lauf

Mihla / 16.08.2009

Detailed evaluation

Helbig, H.-Peter

Club: Stedtfelder Rennsteigfreunde 1979

Number: 23

Course: 6.00 km

Kurzstrecke

Category:

Männer M65

Total time: 35:21

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 19 (of 22)

Rank in course/Men: 15 (of 16)

Best time in course: 21:36

Rank in category: 1(of 2)

Best time in the category: 35:21