



15. Hainich-Lauf

Mihla / 16.08.2009

Detailed evaluation

Kobold, Gerhard

Club: An die Stöcke Go

Number: 146

Course: 13.00 km

Walking, N.-Walking Mittelstrecke

Category:

Walking, Nordic Walking Männer

Total time: 1:40:59

Speed: 7.72 km/h

Running performance: 7:46 min/km

Rank in course/Total: 3 (of 7)

Rank in course/Men: 3 (of 5)

Best time in course: 1:40:00

Rank in category: 3(of 5)

Best time in the category: 1:40:00