



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Kaiser, Bernd

Club: Trusetal
Number: 158

Course: 13.00 km
Walking, N.-Walking Mittelstrecke

Category:
Walking, Nordic Walking Männer

Total time: 1:48:51

Speed: 7.17 km/h
Running performance: 8:22 min/km

Rank in course/Total: 6 (of 7)

Rank in course/Men: 5 (of 5)

Best time in course: 1:40:00

Rank in category: 5(of 5)

Best time in the category: 1:40:00