



15. Hainich-Lauf

Mihla / 16.08.2009

Detailed evaluation

Tschaar, Holger

Club: Sportteam Steinbach Meiningen

Number: 209

Course: 13.00 km

Mittelstrecke

Category:

Männer M30

Total time: 51:48

Speed: 15.06 km/h

Running performance: 3:59 min/km

Rank in course/Total: 1 (of 101)

Rank in course/Men: 1 (of 77)

Best time in course: 51:48

Rank in category: 1(of 3)

Best time in the category: 51:48