



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Rippel, Markus

Club: SV Normania Treffurt e.V.
Number: 83

Course: 13.00 km
Mittelstrecke

Category:
Männer M30

Total time: 54:52

Speed: 14.22 km/h
Running performance: 4:13 min/km

Rank in course/Total: 6 (of 101)

Rank in course/Men: 6 (of 77)

Best time in course: 51:48

Rank in category: 2(of 3)

Best time in the category: 51:48