



## 15. Hainich-Lauf

Mihla / 16.08.2009

### Detailed evaluation

**Mahrt, Jörg**

Club: Stedtfelder Rennsteigfreunde 1979

Number: 96

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 55:14

Speed: 14.12 km/h

Running performance: 4:15 min/km

Rank in course/Total: 7 (of 101)

Rank in course/Men: 7 (of 77)

Best time in course: 51:48

Rank in category: 2(of 17)

Best time in the category: 53:34