



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Tschernig, Bettina

Club: Hainichläufer
Number: 131

Course: 13.00 km
Mittelstrecke

Category:
Frauen W40

Total time: 56:41

Speed: 13.76 km/h
Running performance: 4:22 min/km

Rank in course/Total: 9 (of 101)

Rank in course/Women: 1 (of 24)

Best time in course: 56:41

Rank in category: 1(of 9)

Best time in the category: 56:41