



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

### Bomberg, Dirk

Club: SC Impuls  
Number: 106

Course: 13.00 km  
Mittelstrecke

Category:  
Männer M50

Total time: 1:00:12

Speed: 12.96 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 16 (of 101)

Rank in course/Men: 15 (of 77)

Best time in course: 51:48

Rank in category: 2(of 7)

Best time in the category: 57:44