



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen
Number: 97

Course: 13.00 km
Mittelstrecke

Category:
Männer M40

Total time: 1:02:15

Speed: 12.53 km/h
Running performance: 4:47 min/km

Rank in course/Total: 19 (of 101)

Rank in course/Men: 18 (of 77)

Best time in course: 51:48

Rank in category: 7(of 17)

Best time in the category: 53:34