



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Höhn, Jörg

Club: SV 1899 Mühlhausen
Number: 192

Course: 13.00 km
Mittelstrecke

Category:
Männer M40

Total time: 1:02:29

Speed: 12.48 km/h
Running performance: 4:49 min/km

Rank in course/Total: 22 (of 101)

Rank in course/Men: 21 (of 77)

Best time in course: 51:48

Rank in category: 8(of 17)

Best time in the category: 53:34