



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Kleinschmidt, Mario

Club: Mühlhäuser Laufcombo
Number: 92

Course: 13.00 km
Mittelstrecke

Category:
Männer M40

Total time: 1:02:33

Speed: 12.47 km/h

Running performance: 4:49 min/km

Rank in course/Total: 24 (of 101)

Rank in course/Men: 23 (of 77)

Best time in course: 51:48

Rank in category: 9(of 17)

Best time in the category: 53:34