



15. Hainich-Lauf
Mihla / 16.08.2009

Detailed evaluation

Kuhnert, Michael

Club: TG Schwanau
Number: 187

Course: 13.00 km
Mittelstrecke

Category:
Männer M55

Total time: 1:07:44

Speed: 11.52 km/h
Running performance: 5:13 min/km

Rank in course/Total: 37 (of 101)

Rank in course/Men: 36 (of 77)

Best time in course: 51:48

Rank in category: 2(of 8)

Best time in the category: 1:06:34