



15. Hainich-Lauf  
Mihla / 16.08.2009

## Detailed evaluation

Hoffmannbeck, Bernd

Club: SG Crawinkel  
Number: 207

Course: 13.00 km  
Mittelstrecke

Category:  
Männer M40

Total time: 1:07:54

Speed: 11.49 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 39 (of 101)

Rank in course/Men: 37 (of 77)

Best time in course: 51:48

Rank in category: 11(of 17)

Best time in the category: 53:34