



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Nefke, Raimund

Club: Sporttteam Steinbach

Number: 399

Course: 10.50 km

10,5 km-Lauf

Total time: 51:54

Speed: 12.14 km/h

metres in height up: 200

Course score: 13.00

performance score: 54 Points