



6. Breitunger Pleßlauf
Breitungen / 23.08.2009

Detailed evaluation

Plötz, Heiko

Club: Mühlhausen

Number: 342

Course: 10.50 km

10,5 km-Lauf

Total time: 53:55

Speed: 11.13 km/h

metres in height up: 200

Course score: 13.00

performance score: 68 Points