



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Ronny, Potschak

Club: LC Dübener Heide
Number: 900

Course: 21.10 km
Halbmarathon

Total time: 1:27:55

Speed: 14.33 km/h

metres in height up: 430
Course score: 27.45

performance score: 110 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:04	00:59	00:59
Festplatz	21.1	7.6	11:33	01:27	00:28