



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Schrader, Bernd

Club: PSV Meiningen

Number: 990

Course: 21.10 km

Halbmarathon

Total time: 1:28:19

Speed: 14.33 km/h

metres in height up: 430

Course score: 27.45

performance score: 110 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-----------|----------|----------|-------------|------------|------------|
| Festplatz | 0 | 0 | 10:05 | 00:00 | 00:00 |
| km | 13.5 | 13.5 | 11:05 | 00:59 | 00:59 |
| Festplatz | 21.1 | 7.6 | 11:34 | 01:28 | 00:28 |