



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Krug, Salomon

Club: Cross Country Licking High School

Number: 980

Course: 21.10 km

Halbmarathon

Total time: 1:39:29

Speed: 12.73 km/h

metres in height up: 430

Course score: 27.45

performance score: 110 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:12	01:06	01:06
Festplatz	21.1	7.6	11:45	01:39	00:32