



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Bing, Holger

Club: Rhöner WSV
Number: 894

Course: 21.10 km
Halbmarathon

Total time: 1:45:36

Speed: 11.99 km/h

metres in height up: 430
Course score: 27.45

performance score: 138 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:17	01:11	01:11
Festplatz	21.1	7.6	11:51	01:45	00:34