



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt
Number: 970

Course: 21.10 km
Halbmarathon

Total time: 1:46:51

Speed: 11.85 km/h

metres in height up: 430
Course score: 27.45

performance score: 138 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:16	01:10	01:10
Festplatz	21.1	7.6	11:52	01:46	00:36