



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Iffert, Karl

Club: Wernshäuser Lauftreff
Number: 883

Course: 21.10 km
Halbmarathon

Total time: 1:48:03

Speed: 11.66 km/h

metres in height up: 430
Course score: 27.45

performance score: 138 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:18	01:12	01:12
Festplatz	21.1	7.6	11:53	01:48	00:35