



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Lemuth, Hans-Martin

Club: Metzels

Number: 761

Course: 21.10 km

Halbmarathon

Total time: 1:55:19

Speed: 10.93 km/h

metres in height up: 430

Course score: 27.45

performance score: 138 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:25	01:19	01:19
Festplatz	21.1	7.6	12:01	01:55	00:35