



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Sachs, Frank

Club: Ilmenau
Number: 766

Course: 21.10 km
Halbmarathon

Total time: 1:55:30

Speed: 10.91 km/h

metres in height up: 430
Course score: 27.45

performance score: 138 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:21	01:15	01:15
Festplatz	21.1	7.6	12:01	01:55	00:39