



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Recknagel, Manfred

Club: Eintracht Altersbach
Number: 874

Course: 21.10 km
Halbmarathon

Total time: 2:04:23

Speed: 10.13 km/h

metres in height up: 430
Course score: 27.45

performance score: 138 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:29	01:23	01:23
Festplatz	21.1	7.6	12:10	02:04	00:41