



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Große, Joachim

Club: Erfurt
Number: 438

Course: 29.00 km
29 km-Lauf

Total time: 2:10:55

Speed: 13.29 km/h

metres in height up: 570
Course score: 37.55

performance score: 150 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:09	01:04	01:04
km	18.5	5.0	11:28	01:22	00:18
km	26.0	7.5	12:05	01:59	00:36
Festplatz	29.0	3.0	12:16	02:10	00:11