



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Dittmar, Marion

Club: Rhöner WSV

Number: 982

Course: 21.10 km

Halbmarathon

Total time: 2:11:04

Speed: 9.61 km/h

metres in height up: 430

Course score: 27.45

performance score: 165 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-----------|----------|----------|-------------|------------|------------|
| Festplatz | 0 | 0 | 10:05 | 00:00 | 00:00 |
| km | 13.5 | 13.5 | 11:32 | 01:27 | 01:27 |
| Festplatz | 21.1 | 7.6 | 12:16 | 02:11 | 00:44 |