



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Raßbach, Uta

Club: WSV Brotterode

Number: 861

Course: 21.10 km

21 km Nordic Walking

Total time: 3:02:08

Speed: 6.92 km/h

metres in height up: 430

Course score: 27.45

performance score: 191 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	09:19	00:00	00:00
km	13.5	13.5	11:17	01:57	01:57
Festplatz	21.1	7.6	12:21	03:02	01:04