



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Ehrle, Steffen

Club: Laufersportgruppe Helmers
Number: 876

Course: 21.10 km
Halbmarathon

Total time: 2:19:14

Speed: 9.05 km/h

metres in height up: 430
Course score: 27.45

performance score: 165 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:36	01:30	01:30
Festplatz	21.1	7.6	12:25	02:19	00:48