



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Liebeskind, Hewiko

Club: Fit u. Run Weimar
Number: 436

Course: 29.00 km
29 km-Lauf

Total time: 2:32:08

Speed: 11.44 km/h

metres in height up: 570
Course score: 37.55

performance score: 188 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:18	01:12	01:12
km	18.5	5.0	11:40	01:34	00:22
km	26.0	7.5	12:23	02:17	00:43
Festplatz	29.0	3.0	12:37	02:32	00:14