



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Schneider, Roland

Club: Mehmels

Number: 437

Course: 29.00 km

29 km-Lauf

Total time: 2:37:51

Speed: 11.02 km/h

metres in height up: 570

Course score: 37.55

performance score: 188 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:27	01:21	01:21
km	18.5	5.0	11:56	01:51	00:29
km	26.0	7.5	12:26	02:20	00:29
Festplatz	29.0	3.0	12:43	02:37	00:17