



6. Breitunger Pleßlauf Breitungen / 23.08.2009

Detailed evaluation

Schnittler, Jan

Club: Laufftreff Breitungen
Number: 429

Course: 29.00 km
29 km-Lauf

Total time: 2:49:57

Speed: 10.24 km/h

metres in height up: 570
Course score: 37.55

performance score: 188 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-----------|----------|----------|-------------|------------|------------|
| Festplatz | 0 | 0 | 10:05 | 00:00 | 00:00 |
| km | 13.5 | 13.5 | 11:24 | 01:18 | 01:18 |
| km | 18.5 | 5.0 | 11:50 | 01:44 | 00:25 |
| km | 26.0 | 7.5 | 12:39 | 02:34 | 00:49 |
| Festplatz | 29.0 | 3.0 | 12:55 | 02:49 | 00:15 |