



# 10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

## Detailed evaluation

**Müller-Rühling, Heiko**

Club: SG Stern Kassel

Number: 191

Course: 53.00 km

Halbmarathon

Category:

Senioren 2

Total time: 2:46:35

Speed: 19.09 km/h

Rank in course/Total: 193 (of 443)

Rank in course/Men: 185 (of 421)

Best time in course: 1:53:57

Rank in category: 74(of 184)

Best time in the category: 2:06:29