



# 10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

## Detailed evaluation

**Dehnert, Mirko**

Club: TSV Ippinghausen

Number: 256

Course: 53.00 km

Halbmarathon

Category:

Senioren 1

Total time: 2:50:56

Speed: 18.60 km/h

Rank in course/Total: 216 (of 443)

Rank in course/Men: 208 (of 421)

Best time in course: 1:53:57

Rank in category: 78(of 140)

Best time in the category: 1:53:57