



# 10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

## Detailed evaluation

**Heidenreich, Lars**

Club: Mountainbike-Verein Zierenberg e. V.  
Number: 41

Course: 53.00 km  
Halbmarathon

Category:

Senioren 1

Total time: 3:13:05

Speed: 16.47 km/h

Rank in course/Total: 337 (of 443)

Rank in course/Men: 323 (of 421)

Best time in course: 1:53:57

Rank in category: 113(of 140)

Best time in the category: 1:53:57