



10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

Detailed evaluation

Kniwel, Ralf

Club: Volkmarsen

Number: 387

Course: 53.00 km

Halbmarathon

Category:

Senioren 2

Total time: 3:34:20

Speed: 14.84 km/h

Rank in course/Total: 411 (of 443)

Rank in course/Men: 392 (of 421)

Best time in course: 1:53:57

Rank in category: 165(of 184)

Best time in the category: 2:06:29