



10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

Detailed evaluation

Spierings, Frank

Club: AT Beasts

Number: 934

Course: 106.00 km

Marathon

Category:

Senioren 1

Total time: 5:53:29

Speed: 17.99 km/h

Rank in course/Total: 129 (of 177)

Rank in course/Men: 123 (of 166)

Best time in course: 4:09:00

Rank in category: 50(of 71)

Best time in the category: 4:09:00