



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Salzmann, Bent

Club: LTV Erfurt
Number: 249

Course: 0.50 km
Bambinilauf

Category:
Bambini männlich

Total time: 5:57

Speed: 5.04 km/h
Running performance: 11:54 min/km

Rank in course/Total: 10 (of 14)

Rank in course/Men: 6 (of 9)

Best time in course: 4:18

Rank in category: 6(of 9)

Best time in the category: 4:18