



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf  
Erfurt / 30.08.2009

Detailed evaluation

**Brüning, Rita**

Club: SV Altenfeld  
Number: 10

Course: 12.00 km  
Walking

Category:  
Walking Frauen

Total time: 1:40:31

Speed: 7.16 km/h  
Running performance: 8:23 min/km

Rank in course/Total: 9 (of 13)

Rank in course/Women: 8 (of 10)

Best time in course: 1:26:31

Rank in category: 8(of 10)

Best time in the category: 1:26:31