



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Holzhey, Regina

Club: Erfurt
Number: 242

Course: 12.00 km
Walking

Category:
Walking Frauen

Total time: 1:42:22

Speed: 7.03 km/h
Running performance: 8:32 min/km

Rank in course/Total: 10 (of 13)

Rank in course/Women: 9 (of 10)

Best time in course: 1:26:31

Rank in category: 9(of 10)

Best time in the category: 1:26:31