



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf  
Erfurt / 30.08.2009

Detailed evaluation

**Block, Jürgen**

Club: TC Rot-Weiß  
Number: 243

Course: 12.00 km  
Walking

Category:  
Walking Männer

Total time: 1:43:12

Speed: 6.98 km/h  
Running performance: 8:36 min/km

Rank in course/Total: 11 (of 13)

Rank in course/Men: 2 (of 3)

Best time in course: 1:22:05

Rank in category: 2(of 3)

Best time in the category: 1:22:05